

Don't forget...

Poppyscotland

Inverness

provides support

for the Armed

Forces community

across the

North of Scotland



Welcome to Poppyscotland Inverness



The North of Scotland has enjoyed close links with the Armed Forces for many years.

Indeed, our research estimates that as many as 118,000 ex-Servicemen and women, and their families, now live in the area.

In recognition of this, Poppyscotland has opened an information centre in Inverness, offering vital advice and specialist support for Service personnel past and present.

Poppyscotland Inverness provides help and information on a range of topics for the Armed Forces community.

So whether you need advice on benefits or housing, or want to talk to an expert about debt problems or job prospects, we're here to help.

Your mental and physical wellbeing is also important to us and we can point you in the direction of helpful social support networks too.

At Poppyscotland Inverness, you'll be made to feel very welcome, so please get in touch or pay us a visit soon.

We look forward to meeting you.

How we help veterans locally

Poppyscotland Inverness offers a broad range of practical support to help both veterans and current Service personnel in the North of Scotland.

Information

Although there may be plenty of help available to the Armed Forces community, knowing where to start and finding the right advice is sometimes overwhelming.

That's why Poppyscotland Inverness has made it easy to pinpoint the exact information you need, whatever your circumstances.

Our knowledgeable staff will be happy to steer you in the right direction, whether it's for employment advice, financial assistance, housing help or more.

There's plenty of guidance online too, with our special internet hot-spots directing you straight to the most helpful resources.

We also have lots of literature at our fingertips, covering a wide variety of topics and available to take away for reading in your own time.

And if you have any other questions, our friendly staff will be happy to help in any way they can — just ask.

“Our team will prioritise your needs and highlight practical assistance.”



Advice

If you have concerns, want to find out what you're entitled to, or just don't know where to start, look no further.

Our expert welfare team at Poppyscotland Inverness is on hand to offer help with informal advice or one-to-one consultations.

Our specialist advisers will help identify and prioritise your needs, before highlighting what practical assistance is most appropriate. They'll then guide you through the quickest and easiest way of putting your plan into action.

Support

After your initial consultation, our advisers might feel that you could benefit from additional support from Poppyscotland Inverness or another specialist organisation.

This support could take the form of follow-up one-to-one sessions, training courses, group work or even flexible drop-in sessions at an agency or charity with close links to Poppyscotland.

Whatever your requirements, we will ensure you are given all the support you need to take control of your life.

Meet the team



NINA SEMPLE

Welfare Services Manager

Nina leads the development, delivery and promotion of the welfare centre in Inverness and has more than a decade of experience working in the third sector in the North of Scotland.



LORNA MCCONNELL

Welfare Services Administrator

Lorna served with the Royal Air Force for 22 years and is now focused on providing support, information and advice to the Armed Forces in the North of Scotland.



DANNY STREAMES

Community Fundraiser

None of Poppyscotland's welfare services could operate without public donations. Having served for over 24 years in the Royal Air Force, Danny now develops and supports local fundraising initiatives all year round.

Contact us

If you're an Armed Forces veteran who needs help or advice, Poppyscotland is waiting to hear from you.

For more information, visit our website
www.poppyscotland.org.uk

Poppyscotland Inverness can be found in the heart of the Highland capital.

We are close to both the bus and train stations and there is a large car park nearby.

Opening hours:
Monday to Friday – 10am to 4pm

Poppyscotland Inverness
Strothers Lane
Inverness IV1 1LR
01463 710300
inverness@poppyscotland.org.uk



You can also find us on
Facebook, Twitter and YouTube

Poppyscotland's welfare services simply could not operate without continued public donations. For more information on how you can get involved in fundraising with Poppyscotland visit www.poppyscotland.org.uk

Poppyscotland is a member of The Royal British Legion group of charities, and is a trading name of The Earl Haig Fund Scotland. Scottish Charity No. SC014096. A Company limited by guarantee.

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