## POPPY

# STORIES 

## Remembering the 40th Anniversary of the Falklands.

## Welcome to Poppy Stories.

Forty years ago, some 8,000 miles from home, our brave military set out to regain control of the Falkland Islands. The following 74 days would see acts of incredible heroism, tragic losses and ultimately, victory.
On this milestone anniversary, Poppy Stories is proud to pay tribute to the brave men and women who fought in that small corner of the South Atlantic Ocean. We'd also like to take this opportunity to remember the veterans of the Falklands, and other modern conflicts like Iraq and Afghanistan. Many need Poppyscotland's support with housing, employment and financial difficulties to this day Furthermore, the nature of illnesses like PTSD (Post-Traumatic Stress Disorder), where symptoms can lay dormant for many years before striking, mean many others will come to rely on us in years to come.
This is one of many reasons why your continued support is so important to Poppyscotland. With you at our side, we are able to offer help and support to the Armed Forces community living in Scotland whenever crisis strikes. Thank you.


Gordon Michie
Head of Fundraising and RAF veteran.


## We're always here for you.

We understand that many in the Armed Forces community may have found recent world events distressing. You, or someone you care about, may have been left struggling with difficult memories and emotions and may be in need of support.
Poppyscotland acknowledge that asking for help can feel daunting. We would like to take this opportunity to reassure you that you are not alone. Our Welfare Services are on standby with a sympathetic, non-judgemental ear for you, your family and all those you Served with.

We therefore urge anyone who is struggling in any way to please contact us on 01315501557. Poppyscotland are at your side with help and support whenever you need us.

## Get help online.

If you would prefer not to pick up the phone, you can access our support services at www.poppyscotland.org.uk or by emailing GetHelp@poppyscotland.org.uk

## E-Newsletter

If you would prefer to receive this newsletter in your inbox instead of your letterbox then sign up for our e-newsletter at

Connect
 Keep in touch with us on social media at the addresses below: facebook.com/poppyscotland twitter.com/poppyscotland youtube.com/poppyscotland

## Contact details

Poppyscotland, New Haig House
Logie Green Road, Edinburgh EH7 4HQ.

## Tel: 01315572782

## Email: supportercare@poppyscotland.org.uk

## Visit: www.poppyscotland.org.uk

If you would prefer not to receive our newsletter please get in touch with us using the contact details above to let us know.
We value your support and would like to keep you informed of our work. Please help us to contact you in the most appropriate way by completing our online form
www.poppyscotland.org.uk/contactpreferences

## You helped us to be there for...


poppyscotland
We received
 1,692
calls and emails from clients, and referrals from our partners through the GETHELP line

There's no denying that the last couple of years have been challenging for everybody. At Poppyscotland, we are beyond grateful for your support during this difficult time, which has helped us overcome every obstacle put between us and the ex-Servicemen and ex-Servicewomen who need our support.
To show you just what a difference you make, in each issue of Poppy Stories we will provide an update on some of the amazing things you have helped us achieve. Here are a few highlights from our Welfares Services team since your last edition of Poppy Stories, which show just how many veterans rely on you.


Helping David take back control of his life. Having grown up in care, David joined the Royal Highland Fusiliers when he was 16. He Served from 2003 to 2007, including a tour in Iraq, but found life away from the He Served from 2003 to 2007 , including a tour in Iraq, but found life away from the
Army hard. Poppyscotland funded a special course so he could start working at heights on bridges and viaducts.

## Just as things were looking up, David suffered a

 personal tragedy. "The death of my sister hit me really hard. I wasn't looking after myself and I went downhill," he said. David had been living with his sister, but suddenlyThanks to your support, Poppyscotland was there for David again. Our advice services helped him to apply for the benefits he was entitled to and secure a one-bed council flat. "If I hadn't had the support of Poppyscotland I wouldn't have managed to get rehoused," David said.

A donation of $£ 20$ could go towards funding a course for another veteran like David, helping them to find a secure job after Service.

# 10 <br> <br> Remembering the 40th Anniversary of the Falklands conflict. 

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"I didn't get hurt in the Falklands. Not physically, anyway..."
Donald McLeod was one of the proud Scots Guards tasked with taking Mount Tumbledown. Faced with freezing temperatures, total darkness and a determined enemy, Donald and his brave comrades fought tirelessly to secure the vital high ground.
It was only when he returned home that Donald realised the events of that night would affect the rest of his life. Donald couldn't settle, was getting himself in trouble and was later diagnosed with PTSD. One day his landlord decided to sell the flat he was renting. Almost overnight, Donald was homeless and out on the streets of Edinburgh.
Thanks to the generosity of supporters like you, we were able to offer Donald a job at Lady Haig's Poppy Factory. Making poppies and wreaths has given Donald the stability and secure income he needed to get his life back on track, and allows him to honour his fallen brothers every day.

## Please commemorate

 the 40th Anniversary of the Falklands Conflict with a donation of $£ 40$ to help support another veteran like Donald.

## "Ode to

 TumbledownIt was the Guardsmen of the Crown Who scaled the Heights of Tumbledown And fought that night a bloody fight To see victory by dawn's first light. From crag to crag amongst the rock, They skirmished on, numbed by shock. Through shell and mortar fire they moved, Till at last the ground they'd proved Port Stanley lay there... just ahead, As they began to count their dead. But where the glory, where the pride, Of those eight brave men who died? They who made that lonely sacrifice And through each death paid the total price In their final and heroic act,
Did surely speed the warring parties pact. Each one who there his lije laid down,
Saved countless others from their own unknown. So those of you who live to talk,
Let your pride hover as does the hawk: And never let men these acts forget, Nor the memory of our dead neglect,
But once returned across this vast sea,
Remember then just what it was to be...
A Scots Guardsman.
2 Lieutenant Mark Mathewson, Scots Guards

Ten weeks that are still felt today.


## Our amazing Poppy Pledgers raise over $£ 100,000$ !

After a year of fundraising, last November saw the final sponsored strides, pedal turns and car washes by our amazing Poppy Pledgers. What a herculean effort it was! Over $£ 100,000$ was raised to commemorate 100 years of the Poppy and support the Armed Forces community living in Scotland.


Move over Sir Chris Hoy! Billy raised over $£ 10,000$.

One keen fundraiser was Billy Morrison. Now working as a delivery driver for Tesco, as a former member of the Royal Artillery, Billy is no stranger to a challenge. So he set himself the target of cycling the distance from John O'Groats to Land's End. Although a keen cyclist, the training was gruelling. "One day I remember it was absolutely lashing with rain," he said. "That's when the reason I was doing it kept driving me on."
Billy visited every large Tesco store in the Lothians, and finished his challenge on a stationary bike in the Musselburgh store. After 855 miles he raised an incredible $£ 10,193$ !

## Passing the baton.

Remembrance is a very popular time for fundraising, and Glasgow and Strathclyde University Officer Training Corps pulled out all the stops with a 72 -hour baton relay around Glasgow. Members of the Corps kept the baton moving night and day through all weathers, raising a fantastic £1,500 for Poppyscotland.

## $£ 1,500$ <br> raised for

 veterans.All on board for the Poppy Appeal. After the restrictions of COVID-19, our Poppy sellers were excited to return to streets and train stations across Scotland last November. We raised over $£ 2$ million with over $£ 11,000$ in Glasgow alone, even though COP26 meant we had to collect two weeks earlier than usual. We would like to say a huge thank you to Scotrail, Network Rail, all our Poppy-selling volunteers and, of course, you for helping to raise such a huge amount.


Our volunteer Poppy sellers were once again a colourful sight around the country.

If you fancy taking on a fundraising challenge visit www.poppyscotland.org.uk/things-to-do

Talented trio's fitting tribute.

A school trip to Lady Haig's Poppy Factory, in Edinburgh, fired the imagination of three budding fashion designers who created a wonderful tribute to the Armed Forces community living in Scotland.
Summer Saunders, Kate Miller and Olivia Przygoda from Wellington School in Ayr, used discarded strands of Poppy silk from the factory floor to create this wonderful dress, entitled 'In Flanders Fields'. Summer even wore the dress at our Poppy Days in Dundee and Edinburgh, bringing a splash of glamour to the occasion.
"We were hugely inspired by the disabled veterans who work in the factory, they put so much work in and everything is handmade, said Summer. "We want to keep our generation involved with Remembrance, we want to keep it going" Kate added.

The talented trio have family connections to the military. Kate's great-grandfather survived


Dunkirk, was taken prisoner in Greece and escaped from no less than three prisoner of war camps. Summer's father grand-father and greatgrandfathers all served in the Army, while her great-uncle Tommy was an intelligence
officer. He orchestrated many disinformation campaigns, including persuading the Germans

The Lady Haig Poppy Factory, in Edinburgh, will be welcoming visitors for tours again this Autumn. Arrange your visit at www. poppyscotland.org.uk/factory-tour-enquiry

Thanks to an unsung hero.
If you ever visit the Garden of Remembrance in George Square in November, the chances are you would have bumped into one of our unsung heroes, Robin Shields. Robin has been
volunteering for us for over five years and has a strong interest in military history, which he puts into good practice in George Square helping the public put crosses beside each regiment and raising money through donations. He is there in all weathers and we would like to say a very special thank you for all of his efforts.

Come rain or shine, Robin is a
fixture in George Square.

If you'd like to join our amazing army of volunteers head to www.poppyscotland.org.uk/get-involved

Band of the Royal Regiment of Scotland return.

After two years focussed on public duties and assisting with COVID-19 relief efforts, the Band of the Royal Regiment of Scotland are back on stage! We are very excited to be teaming up for five concerts, with all ticket sales in aid of Poppyscotland. We can't wait to see you at one of the following performances:
Get your tickets now at poppyscotland.org.uk/band-tour


Livingston
Friday 30th September

Don't miss out on Poppy Quest.
Discover hidden gems in Glasgow and Edinburgh with Poppy Quest, a fun 10K walking challenge taking place on Saturday 11th and Sunday 12th June.
Take the challenge on by yourself, bring along friends and family or even your four-legged friend! You'll receive an official t-shirt, a medal to celebrate your achievement and, if you raise $£ 100$ in sponsorship you'll be awarded a special Poppy Quest pin badge.
Sign up now at www.poppyscotland.org.uk/ poppyquest


Kiltwalk returns!
After the success of Glasgow's Kiltwalk in April there will be more opportunities to show off
 your pins later in the year. Kiltwalk will be coming to Dundee on 21st August and Edinburgh on 18th September, with a Virtual
 Kiltwalk taking place on 7th - 9th October.

Find out more at www.poppyscotland. org.uk/kiltwalk

Saddle up for veterans.
After a two-year break, the legendary Poppyscotland Sportive will be taking to the roads once again on Sunday 25th September. With three distances to choose from $-45,68$ or 102 miles - this epic event is a great challenge for cyclists of all abilities. Starting in Prestonpans, riders will zip along stunning coastal roads and enjoy the glorious East Lothian countryside. We will also have our redesigned cycling jersey for sale, celebrating the centenary of the Poppy Appeal.
Find out more and sign up for this epic day out at www.poppyscotland.org.uk/sportive

