



UNFORGOTTEN FORCES
Supporting Scotland's
Older Veterans



Area	Regional Support Officer contact details	Bureau covered
Citizens Advice Direct	Natasha Parker ASAP helpline: 0808 800 1007 ASAP@citizensadvisedirect.org.uk	National helpline
Aberdeen and Aberdeenshire	Kate Dean 01224 569764 mobile 07946 525 165 Fax: 01224 210510 Kate.Dean@AberdeenCAB.casonline.org.uk	Aberdeen Banff and Buchan Kincardine and Mearns Turriff and District South West Aberdeenshire CAB
Argyll and Bute	Sandra Staniland 01546 605555 mobile 07546 631252 Sandra.Staniland@abcab.casonline.org.uk	Argyll and Bute Helensburgh Extension
Ayrshire	Jayne Mackie 01563 543243 Mobile: 07383094496 Jayne.mackie@eastayrshirecab.casonline.org.uk Elaine Denham 01563 543243 Mobile: 07383094789 Elaine.denham@eastayrshirecab.casonline.org.uk Referrals only: referrals@eastayrshirecab.casonline.org.uk	East Ayrshire (also covers North and South Ayrshire through outreach – no bureau)
Edinburgh and Lothians	Alan Hamilton 01506 436132 / 01506 444814 Alan.hamilton@CABWestLothian.casonline.org.uk Charlie Walker 01506 436132 Charlie.walker@CABWestLothian.casonline.org.uk	Citizens Advice Edinburgh: <ul style="list-style-type: none"> • Dundas Street • Gorgie/Dalry • Leith • Pilton • Portobello CAB West Lothian Dalkeith Haddington Musselburgh Penicuik
Falkirk	Charlie MacFarlane 01324 829160 mobile 07918 715211 Charlie.MacFarlane@DennyCAB.casonline.org.uk	Denny & Dunipace Grangemouth Falkirk
Fife	Lorraine Reid 01592 765447 mobile 07702 917866 lreid@carfonline.org.uk	Citizens Advice and Rights Fife

Fife (continued)	<p>Leslie Hugh (Unforgotten Forces, part time, Fuel debt / energy efficiency specialist)</p> <p>01592 765 444 LHugh@carfonline.org.uk</p>	
Inverness, Moray and Nairn	<p>Jacqueline Brodie 01667 456699 mobile 0784 2521479 Jacqueline.Brodie@NairnCAB.casonline.org.uk</p> <p>Barry Nichols 01667 456699 mobile 07787 925923 Barry.Nichols@NairnCAB.casonline.org.uk</p> <p>Bryan Bain (Unforgotten Forces volunteer) 01667 456699 bryan.bain@nairncab.casonline.org.uk</p>	Inverness Moray Nairn
Lanarkshire	<p>Audrey Cuthbertson 01698 259 305 Audrey.Cuthbertson@MotherwellCAB.casonline.org.uk</p> <p>Sonya Brown (Unforgotten Forces, part time) 01698 265 349 Sonya.Brown@MotherwellCAB.casonline.org.uk</p>	Airdrie Bellshill Clydesdale Coatbridge Cumbernauld East Kilbride Hamilton Motherwell & Wishaw Rutherglen & Cambuslang
Renfrewshire	<p>Mark Oswald 0141 881 3660 Mark.Oswald@EastRenfrewshireCAB.casonline.org.uk</p> <p>Daniel Byrne (Unforgotten Forces, part time) 0141 881 3660 Daniel.Byrne@EastRenfrewshireCAB.casonline.org.uk</p>	East Renfrewshire Renfrewshire (also covers Inverclyde through outreach – no bureau)
Stirlingshire	<p>Alistair Gemmell 01786 451225 mobile 0758 0811807 Ally.Gemmell@StirlingCAB.casonline.org.uk</p>	Clackmannanshire Stirling
Tayside	<p>Shona Ross, Dundee RSO (part time) 01382 307486 Shona.Ross@DundeeCab.casonline.org.uk</p> <p>Michael Noble, Angus RSO (part time) 01241 870661 Extension 227 Michael.Noble2@anguscab.org.uk</p> <p>Emma Schneider, Perth RSO (part time) 01738 450591, Mob: 0791 6325 875 Emma.Schneider@Perthcab.casonline.org.uk</p>	Angus – Arbroath Angus – Forfar Angus – Montrose Dundee Perth and Kinross