

# the big POPPY BOUNCE

Join our sponsored 100 metre bounce and raise funds to help veterans bounce back into civilian life.



Sunday 19th  
August 2018

Open from 11.30am  
Bouncing begins at  
12 noon, until 2pm

BT Murrayfield Stadium  
G4 pitches

There will be a range of hopper races throughout the afternoon for all ages, including a family relay and individual races. Register now and hop 100 metres to mark the 100th anniversary of the end of the First World War.

Participate as an individual or a team/family group:

Adults / Over-16s	£10
Children 5 to 16	£5
Under-5s	FREE

Register at  
[poppyscotland.org.uk/bounce](http://poppyscotland.org.uk/bounce)



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